

PizzIMMERSION

Professional Development Activities

Mini lesson plan

Title

123456789

Background

Kodaly focus, rhythm and tempo game

Year level suggested

Years 2-6

Lyrics

1

Useful for

Brain breaks

Concentration

Body coordination

1 23

1 23 45

1 23 45 67

1 23 45 67 89

Learning intention

To engage students through movement and voice whilst concentrating

Steps

Children count the above counting chant to the following body percussion

- 1 clap
- 23 (tap shoulders) left, right
- 45 (tap hips) left, right
- 67 (tap lower back) left, right
- 89 (stomp feet) left, right

Extension: If they can do this together, try it backwards – then split the class in half. One group says/claps the pattern forwards; the other half does it backwards

Curriculum links

Music

- All strands

Dance

- Explore and express ideas
- Dance practices
- Present and perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration