

PizzIMMERSION

Professional Development Activities

Mini lesson plan

Title

Body percussion

Materials

A clear space in the classroom

Year level suggested

Years F-10

Useful for

Brain breaks

Body coordination

Group participation

Generating discussion

Learning intention

To engage students through movement

Steps

1. Choose a theme inspired by a book, current affairs, classroom creed, or other student ideas
2. Collate sentences which resonate with the group and inspire an interesting rhythm
3. Use the syllables within the sentences to generate a rhythmic pattern.
4. Clap the rhythms while saying the sentences.
5. Explore other ways of tapping on the body to find different sounds eg: slapping thighs, chest, backs of hands clicking etc. to create body percussion choreography. Rely on students for creative ideas (or follow examples here – link Body Percussion pattern doc)
6. Put it all together to create your body percussion composition!

Curriculum links

Music

- All strands

Dance

- Explore and Express Ideas
- Dance Practices
- Present and Perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration