

PizzIMMERSION

Professional Development Activities

Mini lesson plan

Title

Pass the Beat

Year level suggested

Years 3-5

Useful for

Brain breaks
Sense of pulse
Memory
Teamwork

Learning intention

To engage students by keeping the beat in this fun activity

Steps

1. Divide the room into groups of 6 or less, or 10 or more and stand in a circle
2. The leader claps a beat/pulse whilst each person says a syllable of each word (or taps their shoulders) before they 'pass' it on eg: Pass, The, Beat, A, Round, The, Room, *tap shoulder*, Pass, The, Beat
3. Whoever interrupts the flow of the beat (set by the leader's claps) is out of the game
4. If no one gets out, increase the speed, or substitute certain words for actions instead eg: Pass, The, Beat, *clap*, Round, The, *Stomp*

Curriculum links**Music**

- Explore and Express Ideas
- Music Practices
- Present and Perform

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration

Materials

A clear space in the classroom

Lyrics

Pass the beat around the room
(tap shoulder)
Pass the beat around the room
*repeated until everyone is out