

# PizzIMMERSION

## Professional Development Activities

### Mini lesson plan

**Title**

Listening to Music, Activity 1 – Play What You Feel

**Year level suggested**

All ages

**Useful for**

Personal expression  
Group participation  
Leadership skills  
Creativity

**Learning intention**

To engage students by listening to music in a meaningful way, and to encourage emotional awareness and response

**Steps**

1. Listen to a piece of music
2. Ask the class "How does the music make you feel?"
3. Make a list of these emotions
4. Each student finds a sound using body percussion/instrument, and assigns it to their emotion
5. Standing in a circle, each student performs their emotion/sound
6. Divide the class into groups allocating each emotion/sound to each group
7. Using conducting skills, select one sound at a time and conduct students to play this sound en masse
8. Bring each group in at different times; overlap; use different dynamics to create a soundscape. Let the students conduct too!
9. Continue to explore the range of sounds of all the emotions eg: clapping. Explore the sound change if only two fingers are used; speed up clapping, make it softer, louder etc.

**Curriculum links**

Music

- Explore and Express
- Present and Perform
- Respond and Interpret

Capabilities

- Personal and Social
  - Self/Social Awareness and Management, Collaboration

**Materials**

A space in the classroom  
A recording of a piece of music  
[Conducting skills - optional](#)  
Whiteboard/paper and pens  
Instruments if you have them