

PizzIMMERSION

Professional Development Activities

Mini lesson plan

Title

Bim-Bum-Biddy

Materials

A clear space in the classroom

Year level suggested

Years 2-5

Lyrics

Bim Bum Bim Bum Biddy Biddy Bum Biddy Bum

Biddy Biddy Bum Bim Bum x 2

BIIM BUMM

Biddy Biddy Bum Biddy Bum Biddy Biddy Bum Bim

Bum

Useful for

Brain breaks

Concentration

Listening

Coordination skills

Memory

Learning intention

To engage students through movement and sound

Steps

1. In a circle, practise the actions pertaining to the words
Bim – two-handed clap in front
Bum – two-handed finger click
Biddy – two-handed tap on knees
2. Practise as per the lyrics above
3. The goal of this game is to complete the lyrics and actions together as a group, then speed up gradually through repetition

Extension include improvisation based on these lyrics and actions from individuals – pass around the circle, then someone else does their version and so on

Curriculum links

Music

- All Strands

Dance

- Explore and Express Ideas
- Dance Practices
- Present and Perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration