

PizzIMMERSION

Professional Development Activities

Mini lesson plan

Title

Body Percussion Canon

Year level suggested

Years 2-6

Useful for

Brain breaks
Refocusing
Body Coordination
Group Participation
Musical pulse and rhythm skills

Materials

A clear space in the classroom
Optional: instruments if available

Body Percussion Canon outline:

4 x slow clicks (above head) (ta, ta, ta, ta)
8 x double speed claps (head height) (titi, titi, titi, titi)
16 x quadruple speed chest taps (tikatika, tikatika, tikatika, tikatika)
16 x (same speed as chest taps) front thigh taps (tikatika, tikatika, tikatika, tikatika)
16 x (same speed as chest taps) side thigh taps (tikatika, tikatika, tikatika, tikatika)
3 x foot stomps (two same speed as claps, one same speed as clicks) (titi ta)

Learning intention

To improve sense of pulse, rhythm and body coordination; to notice mathematical patterns

Steps

1. Warm up – have the students explore and practise the above body percussion sounds and actions
2. Demonstrate the canon to students (this can be done on a loop)
3. Have students join in for specific movements only (e.g. clicks only) and build participation from there OR have students observe and join in as they are comfortable
4. Perform as one large group (this can be done on a loop)
5. When students are comfortable, perform in different combinations (solos, small groups, whole group)
6. Then perform as two or more groups joining in when previous group reaches a new section of the piece

Extension

- Experiment with performing the canon in 2 parts, then 4 parts
- Experiment with different elements. Perform softly, loudly, slowly, quickly, backwards etc.
- Replace different sounds with vocal sounds or instruments if available

Curriculum links**Music**

- Explore and Express
- Present and Perform
- Respond and Interpret

Dance

- Explore and Express Ideas
- Dance Practices
- Present and Perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration

Need support?

Email *PizzASSIST*, education@mso.com.au
and quote *PizzASSIST* in the subject line

PizzIMMERSION

Professional Development Activities

Melbourne
Symphony
Orchestra

Need support?

Email *PizzASSIST*, education@mso.com.au
and quote *PizzASSIST* in the subject line