

PizzIMMERSION

Professional Learning Activities

Mini lesson plan

Title

123456789

Year level suggested

Years 2-6

Useful for

Brain breaks
Concentration
Coordination skills
Pulse

Materials

A clear space in the classroom

Background

Kodaly focus, rhythm and tempo game

Lyrics

1 23
1 23 45
1 23 45 67
1 23 45 67 89

Learning intention

To engage students through movement and voice whilst concentrating

Steps

Children chant the above counting to the following body percussion whilst keeping a steady beat

1. 123 (clap tap shoulders) left, right
2. 45 (tap hips) left, right
3. 67 (tap lower back) left, right
4. 89 (stomp feet) left, right

Extension

If students can do this together, try it at speed, backwards – then split the class in half. One group says/claps the pattern forwards, the other half does it backwards. Everyone should finish together with a clap!

Curriculum links**Music**

- All Strands

Dance

- Explore and Express Ideas
- Dance Practices
- Present and Perform

Health and Physical Education

- Movement and Physical Activity

Capabilities

- Personal and Social
 - Social Awareness and Management, Collaboration

Need support?

Email *PizzASSIST*, education@mso.com.au
and quote *PizzASSIST* in the subject line