

# PizzIMMERSION

## Professional Learning Activities

### Mini lesson plan

**Title**

Call and response “Are You All Ready?”

**Materials**

A clear space in the classroom

**Year level suggested**

Years 2-6

**Background**

Used in circus/drumming workshops as a focus and warm-up activity

**Useful for**

Brain breaks  
Body coordination  
Team building  
Concentration

**Learning intention**

To engage students by having them respond to the leader in rhythmic chant, thereby generating great team energy

**Steps**

1. Leader chants “Are you all ready?” Students respond with “Yeah!” (repeat this sequence x 3)
2. On the third time students say “Here we come!” This indicates the beginning of dance steps and claps
3. Everyone takes 3 steps to the left, clap, 3 steps to the right, clap, clap. Repeat as necessary until leader plays/claps the rhythm cue. Students shout “Hey!” in response to the final cue

Clap cue:

**Curriculum links****Dance**

- Explore and Express Ideas
- Dance Practices
- Present and Perform

**Music**

- Explore and Express Ideas
- Music Practices
- Present and Perform

**Health and Physical Education**

- Movement and Physical Activity

**Capabilities**

- Personal and Social
  - Social Awareness and Management, Collaboration

**Need support?**

Email *PizzASSIST*, [education@mso.com.au](mailto:education@mso.com.au)  
and quote *PizzASSIST* in the subject line